CCCC Breakfast and Snack Menu

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
27	28	29	30	October 1	2	3
Breakfast	Cereal (Life Cereal & Cinnamon Harvest)	Oatmeal	Cereal (Rice Chex & Multigrain Cheerios)	Cereal (Corn Chex & Cheerios)	English Muffins with Sun Butter and Jelly	
Snack	CheezIts Crackers	Chexios (Cheerios, Chex, and Craisins)	Wheat Thins	Multigrain Crackers	Graham Crackers	
4	5	6	7	8	9	10
Breakfast	Cereal (Rice Chex & Multigrain Cheerios)	Oatmeal	Cereal (Corn Chex & Cheerios)	Cereal (Oatmeal Squares & Cinnamon Harvest)	Waffles with Syrup	
Snack	Saltines & Fresh Fruit	Wheat Thins	Ritz Crackers	Graham Crackers	Trail Mix (Cheerios, Raisins, and Chocolate Chips)	
11	12	13	14	15	16	17
Breakfast	Cereal (Corn Chex & Cheerios)	Cereal (Life Cereal & Cinnamon Harvest)	Cereal (Rice Chex & Multigrain Cheerios)	Oatmeal	CCCC Closed	
Snack	Chexios (Cheerios, Chex, and Craisins)	Multigrain Crackers	Graham Crackers	Pita & Hummus & Cucumber		
18	19	20	21	22	23	24
Breakfast	Cereal (Oatmeal Squares & Cinnamon Harvest)	English Muffins with Sun Butter and Jelly	Cereal (Rice Chex & Multigrain Cheerios)	Cereal (Corn Chex & Cheerios)	Oatmeal	
Snack	Ritz Crackers	Saltines & Fresh Fruit	Pita & Hummus	Trail Mix (Cheerios, Raisins, and Chocolate Chips)	Wheat Thins	
25	26	27	28	29	30	31
Breakfast	Cereal (Rice Chex & Multigrain Cheerios)	Waffles with Syrup	Cereal (Corn Chex & Cheerios)	Cereal (Life Cereal & Cinnamon Harvest)	Oatmeal	
Snack	Multigrain Crackers	Graham Crackers	Chexios (Cheerios, Chex, and Craisins)	Goldfish	Ritz Crackers	

Milk* and fresh fruit are served with each breakfast.

Milk* is served with each snack.

*Children under 24 months are served whole milk. Children 24 months and older are served 1% milk.

CCCC IS A PEANUT/TREE-NUT AWARE CENTER

This institution is an equal opportunity provider.