



<b>APRIL 2026</b>				
TASTY	HEALTHY	FUN	VARIETY	BALANCED

Name of the menu :Childcare Allergen Free Menu	Options : Hot Meals
Grade : Toddler & Preschool (Ages 1-5)	Meal Pattern : CACFP Meal : Lunch

**NO DAIRY**  
**NO GLUTEN (NO WHEAT)**  
**NO EGG**  
**NO SOY**  
**NO FISH**

**NO SHELL FISH**  
**NO SESAME (SEEDS & OIL)**  
**NO PEANUTS**  
**NO TREE NUTS**  
**NO SUNFLOWER (SEEDS, OIL & BUTTER)**

		Wednesday, 4/1/2026	Thursday, 4/2/2026	Friday, 4/3/2026
Week VI HOT MEAL	<b>Chicken Fajita w/Rice</b>	<b>Meatball</b>	<b>Chicken &amp; Potatoes</b>	
	Seasoned Chicken w/ Bell Peppers	Brown Rice	Steamed Rice	
	Served w/ Brown Rice	Steamed Peas	Fruit of the Day	
	Fruit of the Day	Fruit of the Day	Milk Substitute	
	Milk Substitute	Milk Substitute		

		Monday, 4/6/2026	Tuesday, 4/7/2026	Wednesday, 4/8/2026	Thursday, 4/9/2026	Friday, 4/10/2026
Week I HOT MEAL	<b>Yummy Beef &amp; Scallion</b>	<b>Chicken Sukkhar</b>	<b>Beef Fried Rice</b>	<b>Spice Rubbed Chicken Fillet</b>	<b>Beef Taco Meat w/Rice</b>	
	Steamed Rice	Steamed Rice	Steamed Broccoli	Steamed Rice	Serve Seasoned Beef w/ Brown Rice	
	Steamed Carrots	Steamed Green Beans	Fruit of the Day	Steamed Carrots	Black Beans	
	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day	
	Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute	

		Monday, 4/13/2026	Tuesday, 4/14/2026	Wednesday, 4/15/2026	Thursday, 4/16/2026	Friday, 4/17/2026
Week II HOT MEAL	<b>Chicken Supreme</b>	<b>Beef &amp; Rice Bowl</b>	<b>Marinated Grilled Chicken Fillet</b>	<b>Chicken Pilaf</b>	<b>Beef &amp; Potatoes</b>	
	Steamed Rice	Seasoned Beef, Steamed Rice	Brown Rice	Steamed Broccoli	Steamed Rice	
	Steamed Green Beans	Black Beans	Steamed Carrots	Fruit of the Day	Fruit of the Day	
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Milk Substitute	
	Milk Substitute	Milk Substitute	Milk Substitute			

		Monday, 4/20/2026	Tuesday, 4/21/2026	Wednesday, 4/22/2026	Thursday, 4/23/2026	Friday, 4/24/2026
Week III HOT MEAL	<b>Chicken Fried Rice</b>	<b>Beef &amp; Broccoli</b>	<b>Chicken Fajita w/Rice</b>	<b>Meatball</b>	<b>Chicken &amp; Potatoes</b>	
	Steamed Broccoli	Brown Rice	Seasoned Chicken w/ Bell Peppers	Brown Rice	Steamed Rice	
	Fruit of the Day	Fruit of the Day	Served w/ Brown Rice	Steamed Peas	Fruit of the Day	
	Milk Substitute	Milk Substitute	Fruit of the Day	Fruit of the Day	Milk Substitute	
			Milk Substitute	Milk Substitute		

		Monday, 4/27/2026	Tuesday, 4/28/2026	Wednesday, 4/29/2026	Thursday, 4/30/2026
Week IV HOT MEAL	<b>Yummy Beef &amp; Scallion</b>	<b>Chicken Sukkhar</b>	<b>Beef Fried Rice</b>	<b>Spice Rubbed Chicken Fillet</b>	
	Steamed Rice	Steamed Rice	Steamed Broccoli	Steamed Rice	
	Steamed Carrots	Steamed Green Beans	Fruit of the Day	Steamed Carrots	
	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	
	Milk Substitute	Milk Substitute		Milk Substitute	

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants ) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.